Contest Scope

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| ***Basic Health Care Skills Updated*** |
| April 11, 2023 |

**Clothing Requirements**

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| **Clothing/Safety Requirements:**· Professional scrubs in solid colors without designs (official Skills USA scrubs are permitted)· **White** , **clean** athletic shoes with minimal designs· Hair off face and collar· Clean, short nails (no artificial nails), no nail polish· Minimal jewelry· No facial jewelry (including tongue rings)· No school names· I.D. number will be provided· Tattoos covered with sleeves or other necessary materials **\*\*\*\*\*NO CELL PHONES\*\*\*** |
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**Eligibility**

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| *Open to active SkillsUSA members enrolled in programs with Health Assistant as the occupational objective.* |

**Equipment**

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| * Computer for presentation only (**Provided by host**)
* Poster board or Thumb drive for Prepared Presentation (**provided by student**)
* *Laptop for on-site testing (***provided by student**)
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**Supplied by Host**

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| * Act fast Kit (Anti-Choking) (**Provided by host)**
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**Supplied by Student**

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| * One pair of non-latex gloves, one isolation gown, One Mask (**Students must bring)**
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**Other Requirements**

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|  Each event will be timed. The maximum amount of time for each task is indicated on performance sheets***Hard copy of a resume required*** |

**Scope of the Contest**

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| **Knowledge/Skill Performance** | **Standard & Competencies** |
|  **Hands on Skills:*** Demonstrate emergency measures for choking
* Personal Protective Equipment- Donning and Doffing PPE**Online exam:**

 Content:* Legal and Ethical Issues
* Communication
* First Aid & CPR
* Safety Practices
* Labeling Anatomy Structures
* Infection Control

**\*\*\* Exam will be given online on site this year** Competitors will be required to participate in two identified nursing assistant skills. Competitors will be evaluated based on the skills sheets/rubrics provided.**Prepared Presentation-**1. Each contestant will first perform a Presentation. Presentation guidelines are as follows:
	1. The purpose of the presentation is to present a topic related to basic healthcare through demonstration, display, and/or explanation.
	2. A presentation will be compact, no larger than 30”X30”X30” and presented in five to seven minutes. A 4’X6’ table space will be available. Any visual aids (signs, charts, transparencies, slides, diagrams) are to be prepared by contestants. Three-sided poster display boards and Power point presentations stored on jump drives are permitted (no note cards). No full size adult mannequins are allowed. No pressurized aerosol cans of any kind will be permitted, and no compressed air, gas, or flammable liquid may be used.
	3. All employers names; and manufacturers; trade names must be covered or removed.
	4. The demonstration will neither promote nor advertise any commercial organization or product.
	5. The title should designate the exact nature of the presentation. Catchy titles are not appropriate to the scientific and educational purpose of the presentation.
	6. The prepared presentation does not include another person acting as a patient.
	7. Time limit: 5-7 minutes

**Evaluation -Standard Points**\*Resume 0 points or -10 if not provided\*Clothing penalty – 25  |  |

**Revised 2/17/2023**