

# Contest Scope

## ***Nursing Assistant***

April 11, 2023

### **Clothing Requirements**

#### **Clothing/Safety Requirements:**

- Professional scrubs in solid colors without designs (official Skills USA scrubs are permitted)
- **White** , **clean** athletic shoes with minimal designs
- Hair off face and collar
- Clean, short nails (no artificial nails), no nail polish
- Minimal jewelry
- No facial jewelry (including tongue rings)
- No school names
- I.D. number will be provided
- Tattoos covered with sleeves or other necessary materials
- **Must have watch (Smart Watch allowed)**

### **Eligibility**

*Open to active SkillsUSA members enrolled in programs with Health Assistant as the occupational objective.*

### **Equipment**

- Wheelchair (provided by host)
- Watch (**provided by student**)
- Gait belt (Provided by host)
- Blue or Black ink pen (**provided by student**)
- **Student Will Provide Laptop for on-site Testing**

### **Supplied by Host**

- Wheelchair
- Gait Belt

### **Other Requirements**

Each event will be timed. The maximum amount of time for each task is indicated on performance sheets

***Hard copy of a resume required***

## Scope of the Contest

Knowledge/Skill Performance	Standard & Competencies
<p><b>Hands on Skills:</b></p> <ul style="list-style-type: none"><li>• Measure Pulse &amp; Respiration</li><li>• Ambulate with a Gait belt (must walk at least 10 steps)</li><li>• Perform passive ROM</li></ul> <p><b>Written exam:</b> Content:</p> <ul style="list-style-type: none"><li>• <b>*** Exam will be given online on site this year</b> Competitors will be required to participate in three identified nursing assistant skills. Competitors will be evaluated based on the skills sheets/rubrics provided.</li></ul> <p><b><u>Evaluation -Standard Points</u></b></p> <ul style="list-style-type: none"><li>• *Resume 0 points or -10 if not provided</li></ul> <p>*Clothing penalty – 25</p>	